# Emergen-C

## Uses

Available in orange, lemon and strawberry flavours.

## Dosage

Adults: 1 sachet a day, stirred into a glass of water.

## Format and Ingredients

Effervescent drink containing:
Vitamin C 1000mg, Vitamin B1 1.5mg, Vitamin B2 1.7mg, Vitamin B6 6mg, Vitamin B12 18µg, Folic Acid 100µg, Vitamin B3 25mg, Pantothenic Acid 5mg, Potassium 300mg, Calcium 120mg, Magnesium 95mg, Manganese 0.575mg, Chromium 10µg, Zinc 3mg, Vitamin D 10µg,

**Category:**
Food supplements

**Manufacturer:**
HALEON PLC

**Pack size:** 1, , 24

**RRP:** £0.99, , £13.99

**Legal Status:** , ,

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