



Seven Seas Cod Liver Oil One-A-Day

Uses

Dosage

Adults and children over 12 years: 1 capsule a day with a cold drink.

Format and Ingredients

Capsule containing:
Vitamin A 750µg RE 94, Vitamin D 10µg 200, Cod Liver Oil 250mg, Fish Oil 230mg, Combined oils provide Omega-3 Nutrients of which 120mg, EPA 54mg, DHA 46mg,

Category:
Food supplements

Manufacturer:
PROCTER & GAMBLE HEALTH

Pack size: 60, 120

RRP: £7.50, £12.50

Legal Status: ,