



## Deep Heat Heat Rub

### Uses

For symptomatic relief of muscular pains and stiffness, including backache, sciatica, lumbago, fibrositis, rheumatic pain, chilblains, bruises and sprains, including those caused by minor sports injuries. Can be used before or after exercise.

### Dosage

Adults and children over 5 years: massage a thin layer into the affected area 2-3 times daily. Under 5 years: not recommended.

### Format and Ingredients

Cream containing:

Methyl Salicylate 12.8% w/w, Menthol 5.91% w/w, Eucalyptus Oil 1.97% w/w, Turpentine Oil 1.47% w/w,

**Category:**  
Analgesics

**Manufacturer:**  
THE MENTHOLATUM COMPANY  
LTD

**Pack size:** 35g, 67g, 100g

**RRP:** £2.99, £4.49, £6.00

**Legal Status:** (GSL), (GSL),  
(GSL)