Berocca Effervescent Tablets

Uses

Available in Natural Orange, Blackcurrant, Mango and Mixed Berry Flavours.

Dosage

12 years and over: 1 tablet a day dissolved in a glass of water. Do not exceed the recommended daily dose of 1 tablet. Not recommended during pregnancy or breastfeeding. Not suitable for people with kidney problems. Under 12 years: not recommended.

Format and Ingredients

Per effervescent tablet:
Vitamin B1 (Thiamine) 12µg 1091, Vitamin B2 (Riboflavin) 15mg 1071, Niacin (Vitamin B3) 50mg NE 313, Vitamin B6 8.2mg 586, Folic Acid (vitamin B9) 400µg 200, Vitamin B12 10µg 400, Biotin (vitamin B7) 150µg 300, Pantothenic Acid (vitamin B5) 23mg 383, Vitamin C 500mg 625, Magnesium 100mg 27, Zinc 10mg 100, Calcium 100mg 13,

Category:
Food supplements

Manufacturer:
BAYER PLC

Pack size: 15 (all flavours), 30 (orange flavour), 45 (all flavours)

RRP: £9.85, £17.50, £25.10

Legal Status: , ,

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