



## Lemsip Max All In One Cold & Flu Capsules

### Uses

For relief of symptoms of colds and flu, including aches and pains, sore throat, headache, nasal congestion, lowering of temperature and chesty coughs.

### Dosage

16 years and over: 2 capsules every 4-6 hours to a maximum of 8 capsules in any 24 hours. Under 16 years: not suitable.

### Format and Ingredients

Capsule containing:  
Paracetamol 500mg, Phenylephrine Hydrochloride 6.1mg,  
Guaifenesin 100mg,

**Category:**  
Upper respiratory tract conditions

**Manufacturer:**  
RECKITT

**Pack size:** 16

**RRP:** £6.99

**Legal Status:** (GSL)