Centrum Advance

Uses

Dosage

One tablet daily with water, preferably with food. Suitable for adults and children over 11 years.

Format and Ingredients

Tablet containing:
Vitamin A 800µg RE 100, as Beta-carotene 25%, Vitamin D 5µg 100, Vitamin E 15mg ?-TE 125, Vitamin K 30µg 40, Vitamin C 100mg 125, Thiamin 1.4mg 127, Riboflavin 1.7mg 125, Niacin 20mg NE 125, Vitamin B6 2mg 143, Folic Acid 200µg 100, Vitamin B12 2.5µg 100, Biotin 62.5µg 125, Pantothenic Acid 7.5mg 125, Calcium 162mg 20, Phosphorus 125mg 18, Magnesium 100mg 27, Iron 5mg 36, Zinc 5mg 50, Copper 0.5mg 50, Manganese 2mg 100, Selenium 30µg 55, Chromium 40µg 100, Molybdenum 50µg 100, Iodine 100µg 67,

Category:
Food supplements

Manufacturer:
HALEON PLC

Pack size: 30, 100, 180

RRP: £4.85, £15.00, £28.00

Legal Status: , ,

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