Counter Intelligence PLUS | 2026

The training guide for pharmacy assistants

OTC DIRECTORY

order to reduce the number of cigarettes smoked or use of vapes/e-cigarettes/heat-notburn tobacco/heated tobacco as far as possible and to refrain from smoking or vaping as long as possible. Users should be encouraged to stop smoking or vaping completely as soon as possible. The number of lozenges a day depends on patient needs but should not exceed 15 lozenges per day.
Temporary Abstinence: Use a lozenge every 1-2 hours to control withdrawal symptoms including craving. No more than 15 lozenges per day. Users should be encouraged to stop smoking or vaping (e-cigarettes/heat-not-burn tobacco/heated tobacco) completely as soon as possible.
If users still feel the need to use the lozenges on a regular basis 6 months after the start of treatment and have been unable to undertake a permanent quit attempt, they should seek additional advice from a healthcare professional.
The lozenge should be moved from one side of the mouth to the other until completely dissolved (about 10 minutes). Do not chew or swallow whole. Adolescents (12-17 years): follow abrupt cessation treatment schedule for adults, but for 10 weeks, and following advice from a healthcare professional. Under 12 years: not recommended.

Format and Ingredients

Lozenge containing:
Nicotine 2mg,

Category:
Smoking Cessation

Manufacturer:
PERRIGO

Pack size: 3 x 20, 20 x 5

RRP: £16.99, £23.99

Legal Status: (GSL), (GSL)

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